

SCOBY FACE MASK

Ingredients:

- SCOBY with small amount of kombucha liquid
- aloe vera / coconut oil / raw egg / almond oil / olive oil
- essential oil (lavender, rosehip, tea tree, chamomile, rose, lemongrass, peppermint)



SCOBY face mask preparation

Depending on the effect you want to achieve, choose the ingredients for your face mask. Here are some ideas:

- aloe vera – for soothing dry skin, inflammation, burns;
- coconut oil – with minerals and medium chain fatty acids for nutrition and soothing of skin;
- raw egg – hydrating, anti-acne, tightening, oily skin;
- almond oil – source of vitamin E and other nutrients.
- olive oil – rich with antioxidants to moisturize skin and providing elasticity and smoothness.

Mix all the ingredients in a blender until you reach a required texture. Use immediately, do not store it for longer than a day or two in the fridge. Apply the mixture to your face. Leave it on for 10-15 minutes, wash it off and apply your favourite moisturizer.

*Applying kombucha to your face increases blood circulation, so you may notice some redness, which is completely normal.

*Use coarse ground coffee, sugar, buckwheat, etc. to get the peeling effect of your face mask.

1. OILY SKIN TONER

Ingredients:

- 1 part of water
- 1 part of [basic kombucha vinegar](#)
- 3-5 drops of tea tree, eucalyptus, jojoba, rosemary oil

2. NORMAL SKIN TONER

Ingredients:

- 2 parts of water
- 1 part of [basic kombucha vinegar](#)
- 3-5 drops of lavender, cucumber seed or carrot seed oil

3. DRY/SENSITIVE SKIN TONER

Ingredients:

- 3 parts of water
- 1 part of [basic kombucha vinegar](#)
- 3-5 drops rose, chamomile, or geranium oil

Mix all ingredients in a small bowl. Apply on your skin with a cotton ball then leave for up to 10 min and rinse with water.

Products used to prepare this recipe:



Kombucha Fermenter

[Buy on Kefirko.com](https://www.kefirko.com)



[Organic Kombucha Starter](#)

[Buy on Kefirko.com](#)